

North East Derbyshire District Council

Communities Scrutiny Committee

5 March 2021

Healthy North East Derbyshire Partnership – Review of 2020/21

Report of the NEDDC Partnership Strategy Team

This report is public

Purpose of the Report

- To inform the Communities Scrutiny Committee of the progress of the Healthy North East Derbyshire Partnership in the last year.

1 Report Details

- 1.1 The Healthy North East Derbyshire (HNED) Partnership was established in 2015 and is chaired by the Public Health Localities Lead for North East Derbyshire and Bolsover at Derbyshire County Council. The NEDDC Partnership Strategy Team is responsible for managing the funding and commissioning of projects following the wishes of the HNED Partnership. The Partnership comprises representation from County and District Council services, Rykneld Homes Ltd, Clinical Commissioning Groups, Primary Care Network and the voluntary sector.
- 1.2 The HNED Partnership has been delivering the Public Health Locality Plan since 2015, for which Derbyshire County Council awards an annual allocation, via NEDDC, to commission projects on its behalf to address health priorities. Since 2018/19 the annual funding awarded has been £69,501 with ring-fenced funding received for specific activities including small grants to the voluntary sector totalling £12,500, which is administered by Derbyshire Voluntary Action. Periodically HNED Partnership will received additional ring-fenced funding for specific projects Public Health wish to fund such as £53,750 for the Social Connectedness project.
- 1.3 Minutes of the Partnership meetings and latest Locality Plan can be found on the Council's [website](#).
- 1.4 This report provides a summary of the latest progress of the HNED Partnership to improve local health and wellbeing.

1.5 Health Priorities

- 1.6 The Partnership established the following priorities in the Plan, working together to identify local needs and common issues, and allocated resources proportionate to the extent of the issues:

Overarching priority:

Older People, long-term conditions and independence in the home.

Building Healthy Communities:

- Building Social Capital
- Improving the quality of life for carers
- Reducing the impact of wider determinants (e.g. worklessness, homelessness)

Promoting Healthy Lifestyles:

- Promoting positive mental wellbeing & reducing social isolation
- Supporting emotional health & wellbeing of children and young people
- Increasing physical activity

Supporting Access to Effective Health and Social Care:

- Assisting people with limiting long term conditions
- Supporting the Integrated Care Agenda to reduce hospital admissions
- Reducing hospital stays for self/alcohol related harm

1.7 Health Actions

1.8 COVID-19 has impacted on nearly all activity delivered during 2020/21. Further information as to how projects have adapted are included within the table in section 1.9.

1.9 The following projects have been commissioned and progress achieved during 2020/21 is reported as follows:

PRIORITY	PROJECT	UPDATE
Starting Well	Young People Personal Development <i>Support for young people at risk of self-harm. Broadened to include students affected by the impact of COVID-19.</i> £12,000	<ul style="list-style-type: none">• 116 students supported during 2019/20 academic year.• 20 students supported between September and December 2020.• The traditional format of 1 to 1 and drop-in sessions replaced by telephone and video calls.• Increase in students requiring more than 6 sessions of support, anxiety and fear for family affected by COVID-19.
	Raising Aspirations <i>Programme of working with year 10 students to reduce number of young people not in education or employment once they leave school.</i> Directly funded by DCC Public Health	<ul style="list-style-type: none">• Co-ordinated by Bolsover Partnership behalf of the County.• 210 students supported during the 2019/20 academic year (Tupton and Eckington Schools).• Delay to start of project for 2020/21 academic year due to COVID-19.
Healthier Living	Financial Inclusion <i>Joint Chesterfield, NED and Bolsover Group created to increasing financial inclusion for residents</i> £8,500	<ul style="list-style-type: none">• Group has focused on improved communication between Partners to help residents experiencing financial difficulties.• Combined pot of funding available to support identified activities for the forthcoming year.

<p>Small Grants Scheme <i>Improve physical & mental health and build community capacity</i></p> <p>£10,000</p>	<ul style="list-style-type: none"> • 4 projects funded this year, totalling £2,882, includes support to a Brownie group, community art project, activities in care homes and providing riding lessons and horse care to improve mental health. • Delivery impacted by lockdowns but projects to continue where possible. • Low number of applications this year as groups have accessed DCC COVID-19 response fund. • Remaining funding will be rolled over into next year to enable groups to access funding as part of COVID-19 recovery.
<p>Community Development Worker Providing support to communities to build capacity and improve health and wellbeing.</p> <p>£30,000</p>	<ul style="list-style-type: none"> • 27 registered Community Health Champions (CHCs). Many volunteers unable to help their communities through their usual roles due to COVID-19. CDW continues to support where needed. • CDW part of COVID-19 Support Team during 2020 providing welfare calls, medical deliveries and assisting with business support grants.
<p>Employment & Training Initiatives <i>Supporting vulnerable people into training and employment.</i></p> <p>Core NEDDC resource/external funds</p>	<ul style="list-style-type: none"> • Working Communities project helped 58 residents supported with pre-employment activities. • 17 residents supported into employment between April and December 2020.
<p>Community Café (formerly known as Super Kitchens) <i>Creation of new Community Café.</i></p> <p>£5,000</p>	<ul style="list-style-type: none"> • DCC Public Health looking at opportunities to establish new community café in a targeted community. Delayed due to COVID-19.
<p>NEDDC Work Well <i>Workplace health initiatives for NEDDC staff.</i></p> <p>£1,435</p>	<ul style="list-style-type: none"> • Pre-COVID had seen well attended lunchtime yoga sessions, talks on nutrition, mental health and fitness activities. • Due to COVID-19 all workplace sessions were placed on hold and have yet to resume. Information on health and wellbeing regularly posted on the Extranet for staff.
<p>5 Ways to Wellbeing: Communications Plan <i>Communications plan aimed at raising awareness of 5 Ways to Wellbeing</i></p> <p>£5,000</p>	<ul style="list-style-type: none"> • Ongoing project: Previous years had seen an information video produced, Let's Get Talking campaign launched and information packs awarded 16 organisations who applied for a small grants of £100. • Future activity includes sending mental health support information to schools.

	<p>5 Ways to Wellbeing: Small Grants <i>Initiative to improve mental health. Small grants fund targeting voluntary and community groups.</i></p> <p>£12,500</p>	<ul style="list-style-type: none"> • 1 project funded since April 2020. Low uptake due groups accessing DCC COVID-19 support grants. • Expectation that groups will apply once lockdown ends. Funding now merged with Small Grants to enable easier access to funding.
	<p>Walking into Communities <i>Reducing social isolation for all ages using physical activities targeting Clay Cross.</i></p> <p>£22,000</p>	<ul style="list-style-type: none"> • Officers working in Clay Cross to encourage physical activity. The project has been severely affected by COVID-19, however, during lockdown on-line activity sessions were held. Socially distant sessions delivered in between lockdown periods. <ul style="list-style-type: none"> ○ 16 people registered with Walking into Communities initiative. ○ 65 people benefiting from increased levels of physical activity. ○ 51 physical activity sessions delivered. ○ 11 new people joined the Walking for Health Programme in Clay Cross. • Additional wellbeing information has been circulated throughout the year and one of the Officers was part of the Community Support Team during the first lockdown.
	<p>Feeling Connected <i>Joint project with Chesterfield Health and Wellbeing Partnership to reduce social isolation and improve wellbeing.</i></p> <p>£53,750</p>	<ul style="list-style-type: none"> • Steering group established, work undertaken to analyse data and identify gaps prior to lockdown. • Development of action delayed due to COVID-19 but plan now in place. • Mix of utilising partner resources, raising the profile of the importance of being socially inclusive and a dedicated fund to support initiatives to enable people to feel connected.
	<p>Keeping Everyone In <i>Building on the work to find accommodation for homeless people supported through the first lockdown.</i></p> <p>£4,000</p>	<ul style="list-style-type: none"> • County wide initiative to continue support for homeless people housed during the first national lockdown. • The County wide scheme led by DCC, local authorities and key partner agencies. • Expected that 20 people from NED will be supported through this project.
Healthy Ageing	<p>Vulnerable Adults Risk Management (VARM) Discretionary Fund <i>Support people at risk of living independently</i></p> <p>£10,000</p>	<ul style="list-style-type: none"> • This funding is dedicated to paying for services the main VARM fund cannot support. For example house clearance, skip hire and contract cleaning for vulnerable people who are at a high risk of a fire in the home due to hoarding. • No individuals identified for support so far but it is expected that people will require VARM intervention once restrictions are relaxed.
	<p>Together Events <i>Reducing social isolation and connecting vulnerable people with services through face to face events in targeted communities.</i></p> <p>£12,500</p>	<ul style="list-style-type: none"> • 3 events held in Killamarsh, Danesmoor and North Wingfield during 2019/20. 170 attendees between all 3 events. • The final two events due to be held in Wingerworth and Eckington could not take place due to COVID-19. • As result a directory of services and organisations was produced and delivered to targeted residents in both areas.

		<ul style="list-style-type: none"> In total, 2500 booklets were printed and with 1900 delivered in Wingerworth (additional funding secured to print extra booklets) and 600 delivered in Eckington.
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1.10 Community Development Worker

- 1.11 HNED has funded a Community Development Worker (CDW) since 2015 with an Officer from the Partnership Strategy Team currently in post. In that time, much has been achieved in Heath & Holmewood and Shirland. The principle of a Healthy Futures Group (HFG) is to bring key partners and members of the community together to help improve health and wellbeing. HFGs have been established in Heath & Holmewood and Shirland with this group covering Higham, Stonebroom and Mickley.
- 1.12 Establishing and expanding the Community Health Champions network has been an integral element of the CDW role. The role of a CHC includes improving the health and wellbeing for themselves and people in their community. The network also connects members of the community with volunteering and training opportunities including:
- Food banks
 - Clubs such as youth, games and parent & toddler
 - Parish, church and community events
 - Befriending services
 - Assisting friends and neighbours, encouraging health and wellbeing
 - Helping to reduce social isolation
 - Establishing and maintaining the Shirland Community Café for over 50's
 - Leading a peer to peer mental health support group in Stonebroom

This list provides a snapshot of the types of volunteering CHC's have undertaken. Since 2015, the total number of volunteering hours in these communities has exceeded 5,072 with at least 15,903¹ beneficiaries during this time. An event to celebrate the achievements of CHCs planned for June 2020 was cancelled due to COVID-19. It is hoped this will be held once the pandemic is over.

- 1.13 COVID-19 has had an impact on the work of CDW. As some of the CHCs were in vulnerable groups, many had to shield for a significant part of 2020 and were still very reluctant to or unable to undertake volunteering prior to the recent national lockdowns. The CDW has kept in touch with CHCs offering support for those who request it, keeping the wider network of partners informed of services and agencies offering help and support during COVID-19. CDW has been an integral part of the NEDDC COVID-19 response from providing welfare calls to residents, deliveries of medicines and more recently processing grants to many business in NED.

1.14 Financial Inclusion Group Chesterfield, North East Derbyshire and Bolsover

- 1.15 In 2019 HNED and Bolsover Health Partnership was invited by Chesterfield Health and Wellbeing Partnership to join their Financial Inclusion Group. The aim was to bring together key organisations and agencies across the three areas to help residents become more financially included. Led by DCC Public Health membership

¹ Instances where a CHC has helped a person, likely to have been on more than one occasion.

is broad and includes service leads from all four local authorities, Department of Work and Pensions and representatives of the voluntary sector including Citizens Advice, Derbyshire Law Centre, Rural Action Derbyshire and Credit Union.

1.16 The group has been focused on COVID-19 recovery, working together to share knowledge and experiences to enable residents to access advice and support services. An article was published in the winter edition of The NEWS which listed key contact details for a variety of organisations offering support and advice for financial related matters, mental health and family service and other key support agencies.

1.17 **Clay Cross Obesity Group**

Established and led by DCC Public Health the group focuses on health and wellbeing of residents of all ages in Clay Cross. Attended by members of HNED Partnership, including the CDW, there is specific focus of working with parents and their children to encourage good eating habits. A presentation on the work undertaken by this group was made to Communities Scrutiny in August 2020.

1.18 **North East Derbyshire and Bolsover Place Alliance and Mental Health Sub Group**

1.19 During 2020 HNED Partnership continued to link the Bolsover and North East Derbyshire Place Alliance. Attended by senior officers and strategic partners, this group has made it easier to engage with the CCGs and other clinically focused services. Experience prior to COVID-19 had seen recognition in the role that the Councils and voluntary sector play in the preventative agenda, which allowed for a more strategic service development. In 2020 the focus of this group changed to a Community Resilience Forum focusing on current health issues within communities during the COVID-19 pandemic, attempting to provide practical solutions to arising issues affecting constituent partners and the communities they served. This included the support to pharmacy services (via delivery) and resource support to groups who were working in the community in tandem with local providers.

1.20 The Mental Health Sub Group has recently been established by the Place Alliance to focus specifically on bringing together agencies and organisations delivering mental health support services. There is recognition that the number of people seeking access to mental health support has and will continue to increase during the pandemic. The CCGs are looking to implement a change of approach across certain parts of Derbyshire to bring together multi-disciplined teams that will enable people access the services they need quickly. It is not currently known when or if North East Derbyshire will have this multi-disciplined group put in place.

1.21 **NEDDC Older People's Strategy**

1.22 In 2020 the Council published its Older People's Strategy 2020/23 which was developed to demonstrate the Council's commitment to improving residents' lives and the opportunities available to them. With the over-arching priority of the Partnership focusing on older people, there is opportunity to utilise the partners and resources of HNED to commission and deliver appropriate interventions which support older people and independence in the home.

1.23 The Future

- 1.24 The HNED Locality Plan 2020/22 will be updated to reflect new projects commissioned over the forthcoming year. However, the priorities of the Partnership and its Plan will likely remain the same due to the ongoing challenges within the local community; it is widely recognised that changes to health statistics is often a long-term issue.
- 1.25 The key project for 2021/22 is Digital Connect. The project aims to address digital exclusion with people aged 50+ within North East Derbyshire. The project will offer digital awareness, advice, training and support to people over 50+ who are digitally excluded, equipping older people with the skills and confidence to effectively use IT to enhance their health and wellbeing and access support, information, services and networks.
- 1.26 It is anticipated that additional ring-fenced funding from Public Health will be made available to help build capacity in each locality to support the delivery of mental health support and advice service post COVID-19. Further details due to be released within the next couple of months.

2 Conclusions and Reasons for Recommendation

- 2.1 The Partnership approach has continued to evolve with key issues being tackled collaboratively, with transparency, accountability and effectiveness.

3 Consultation and Equality Impact

- 3.1 The Healthy NED Partnership continues to engage and involve representative groups through its working group process and broad participation of the Partnership, close links with the voluntary sector through Derbyshire Voluntary Action to ensure service user perspective is maintained.

4 Alternative Options and Reasons for Rejection

- 4.1 Alternative options were covered in the Cabinet Report on 18th February 2016.

5 Implications

5.1 Finance and Risk Implications

- 5.1.1 The Partnership Team oversees the management of the Healthy Communities (Locality) Action Plan funding on behalf of the Healthy NED Partnership. They will ensure that all commissioned projects adhere to the expectations established in the DCC Inter Agency Agreement. Funding for the Community Development Worker post that has been provided by DCC through the Public Health Locality Action Plan. Adherence is maintained to NEDDC's Financial Regulations and Joint Risk Management and Partnerships Strategy.

5.2 Legal Implications including Data Protection

- 5.2.1 Adherence is maintained to Service Level Agreements and NEDDC's Legal and Data Protection Policies.

5.3 Human Resources Implications

5.3.1 Evaluation of workload implications upon the Partnership Team is undertaken in regular individual, team and Service Planning reviews. Engagement with other departments required to assist in delivery (e.g. Leisure Team to deliver projects) is maintained to ensure targets are achieved.

5 Recommendations

6.1 That the report is noted.

7 Decision Information

Is the decision a Key Decision? A Key Decision is an executive decision which has a significant impact on two or more District wards or which results in income or expenditure to the Council above the following thresholds: <i>BDC: Revenue - £75,000</i> <input type="checkbox"/> <i>Capital - £150,000</i> <input type="checkbox"/> <i>NEDDC: Revenue - £100,000</i> <input type="checkbox"/> <i>Capital - £250,000</i> <input type="checkbox"/> <input checked="" type="checkbox"/> <i>Please indicate which threshold applies</i>	No
Is the decision subject to Call-In? (Only Key Decisions are subject to Call-In)	No
Has the relevant Portfolio Holder been informed	NA
District Wards Affected	All
Links to Council Plan priorities or Policy Framework	Our residents – Enhancing our resident’s quality of life. Protecting the most vulnerable in our communities.

8 Document Information

Appendix No	Title
NA	NA
Background Papers (These are unpublished works which have been relied on to a material extent when preparing the report. They must be listed in the section below. If the report is going to Cabinet (NEDDC) or Executive (BDC) you must provide copies of the background papers)	
NA	
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